

7.2 Best Practice

Online International Seminar on Mental Health

1) Title of the practice :

Online International Seminar organised by Athavale College of Social Work, Chimur on "Mental Health in Pandemic : Problem and Solution"

2) Objective of the Practice :

-) To understand the negative Psychological impact of the pandemic.
-) To Advocate for mental health and wellbeing on ensure it is included in universal health coverage.

3) The context :

Covid-19 outbreak has been a balt from the blue in 2020 peoples remotely affected during this epidemic. There is a need to understand the mental perspective of covid-19 and possible measures to cope with the pandemic for their effective management. So we organised online international seminar.

4) The practice:

Online international seminar jointly organized by Athavale College of Social Work, Chimur, Chandrapur and Advanced health centre for world class Genetic Holistic T/T Nagpur on 5th January 2022. Eminent speakers were invited for this seminar

5) Evidence of Success:

There were 486 participant who joined this seminar. They gave us Good Feedback. Some international participant also joined this seminar from different country like Russia, China, UAE.

6) Problem Encountered and Resources Required:

In these last two years, many people have faced serious challenges to their mental health. Many people experiencing feeling of helplessness, isolation, grief anxiety and depression. In this seminar we all connected together through app of Microsoft Teams & Live telecast of Facebook.

To understand the mental perspective of pandemic we were invited famous international speaker Dr. Salam Pullayath psychologist & consultant salken educational services Dubai UAE. Dr. Ravi Vairagade, Author, Trainer, Coach Genetic Health and Mind Expert. Mr. Samir Shende, Educationist President Galaxy Education Society and Mr. Manoj Chavhan President, Provincial Education Academy Nagpur.

Womens Empowerment Awareness Programme

1) Title of the practice :

Online organised by Athavale College of Social Work, Chimur on "Womens Empowerment"

2) Objective of the Practice :

-) To understand the need of women empowerment.
-) To educate various challenges in front of women's empowerment.

3) The context :

Our college is situated in a rural area, admission of girls students is more than boys students. Empowering women is essential to the health and social development of families, communities and countries. When women are living safe, fulfilled and producing lives, they can reach their full potential, contributing their skills to the workforce and can raise happier. So our college organized an online seminar on "Womens Empowerment" for celebrating International Women's Day.

4) The practice:

Online seminar organized by Athavale College of Social Work, Chimur. National Service Scheme (NSS) and Internal Complaint Committee (ICC) were arranged this seminar on "Womens Empowerment" on dated 08th March 2022. Dr. Rekha Jagnade and Dr. Alka Badge were invited for this seminar.

5) Evidence of Success:

There were 114 participants who joined this seminar. They gave us good remarks. Thus we celebrated International Women's Day with noble course of learning.

6) Problem Encountered and Resources Required:

Gender discrimination, no access to education child marriage, lack of proper sanitation, and domestic violence there are some problems faced by rural women in India today.

Lack of education have a major role to play in the marginalization by women. Our college invited two resource person and organized such awareness program through which we educated the student about the need of womens empowerment and what are the challenges infront of womens empowerment.